

Irene's Classroom Environment Protocols

- Students and faculty must wear shoes at all times except when receiving a massage
- Touchless trash cans with lids are in each classroom
- Recycling bins are closed, please take your recycling home with you
- Before and after eating wash hands and adhere to donning and doffing mask protocols
- Students and teachers wear apron for massage. Launder with hot water and dry on high temps
- Students and teachers wear inverted face shield in addition to their mask when practicing massage
- Students wear face shields in addition to their mask when watching instructor demonstrations in Hands-On classes
- Students and apprentices can eat in their car or contact student records if you do not have a car on campus
- Instructors can eat in Irene's office, an empty admin office, or in their car
- Students must not congregate while eating
- Students or faculty must sign-up at Student Records to use the Harmony room
- Anyone who intends to use a shower must sign-up at Student Records in advance. Disinfectant spray and wipes are provided to clean shower handle and all touched surfaces.

Classroom Protocols

- No eating or drinking in classrooms
- Maximum capacity per hands-on rooms is 12 and lecture room is 27
- Maximum capacity in Harmony practice room is 8, 4 massage tables
- We have scheduled a maximum of 12 students per hands-on classroom
- We have scheduled a maximum of 27 students in the lecture room
- Chairs are spaced a minimum of 6 feet apart indicated with tape on the floor
- Do not move chairs to other locations without direction from an instructor
- For classes conducted on the floor, place your mat centered on the tape
- One chair is placed at each massage table or desk
- Students place all their belongs beneath their table
- One student sits at each massage table and receives their massage on that table
- Clean the massage table before and after use as instructed with disinfectant spray
- Only the instructor uses keys to the cabinets
- Only the instructor is to touch equipment such as laptops, clickers, skeleton, dry erase, etc.
- One apprentice distributes one disinfectant spray bottle to each set of massage partners

- Oil and disinfectant bottles cleaned after each use
- HEPA air filters are used in every classroom

Protocols for Faculty

- Apprentices and teachers arrive 30 minutes prior to class to assure adherence to protocols
- Instructors wear clean apron and face shield for demo and launder apron with hot water and dry at high temps
- Remind students to make a hammock pocket under the face rest
- Instructors stagger break and meal times so that only one class is on break at a time.
- Track student partners for every class

Protocols for Students

- Everyone wears a mask while in the building
- Students must wear self-provided face shield while practicing massage
- Students wear face shields in addition to their mask when watching instructor demonstrations in Hands-On classes
- Students receive three paper masks on first day back to campus
- Students must sign Return to School Waiver form on first day back to campus
- Students bring a clean pillow case to class as part of their linens
- Students bring clean linens in a plastic bag to every class
- When students disrobe, they must change in a restroom stall, place clothes and shoes in plastic bag, wear slippers, wrap in sheet and bring plastic bag back to class with them
- After massage avoid shaking linens in the air, fold them into themselves, place in a plastic bag and take home to launder in hot water and dry on high temperature after every class
- Students make a hammock with pillowcase under the face rest to catch aerosols
- When switching from prone to supine students on the table must don their mask
- Students wash hands before and after each and every massage
- Students wear clean apron to give massage and wash with linens at home
- Students wear inverted face shield in addition to their mask when practicing massage
- Use disinfectant spray on massage tables, face rest and bolster, then let dry for 10 minutes
- Use wipes on touched surfaces in class, kitchen or restroom
- No clinic attire in class, students with clinic shift must change after class including shoes
- Students bring change of clothes to wear home, keep massage clothes in bag to launder

Instructor's Office

- One person allowed in the instructors' office at a time
- Use disinfectant wipes to clean office after each use
- Include equipment, doorknob and light switch when cleaning
- Meet with students in the hallway 6 feet apart
- Make prior arrangements for student tutoring to be conducted in an unused classroom, administrative kitchen or Irene's office